

CONVERSATION CARDS

TOPICS

Advance Life Planning

Life & Death

Advance Care Planning

Human Rights

Visit www.willsweek.com.au

Do you have a Will?
If so, why?

IF NOT, WHY NOT?

Visit www.willsweek.com.au to learn more about will-making, and why it's great (and very important) to have a Will.

What excites you about growing older?

WHAT DO YOU THINK IS TOUGH ABOUT GETTING OLDER?

Queensland Health have shared information on cool things that happen to your body as you age, including less severe allergies, fewer migraines, and being better at solving social problems and conflicts.

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Are you comfortable talking or thinking about dying?

WHO WITH? WHY or WHY NOT?

There are lots of resources out there to support conversations around death. One way to make the chat more comfortable is to watch and discuss a movie that touches on themes of death and dying.

To find out more on discussing death with children you can explore: raisingchildren.net.au

You can also watch the Playschool episode, "Beginnings and Endings" on ABC iVIEW.

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**What is the
best movie you've seen that
has themes of the end of life?
WHAT HAS IT TAUGHT YOU?**

If you have a free State Library Queensland membership, you can stream more than 30,000 of the world's best films through Kanopy – their film streaming platform.



Kanopy State Library Queensland

**Is there an asset that has no
monetary value, but you might
like to leave to someone?**

WHY?

The State Library offers 'How to' Guides for preserving and storing precious items. Some things you might like to preserve include books, photographs, digital prints, videos and film, and children's artworks.



preservation Queensland library

The Australian Human Rights Commission reminds us that older people have the right to "the highest possible standard of physical and mental health."

**What do you hope this will look
like for you as you get older?**

To learn more about the rights of older people visit Human Rights Australia's website

WWW.HUMANRIGHTS.GOV.AU

**Are there any assets you
have that are valuable, that
people might NOT REALISE
are worth something?**

For a bit of fun, you can watch the Antiques Roadshow on ABC, where our friends over in the UK have their treasures and assets valued.



Antiques Roadshow

in ABC iView.

**What do you hope will
happen to any family
heirlooms you might have,
AFTER YOU'VE PASSED AWAY?**

If you're interested in finding out more about your family tree, the National Library of Australia has guides to sourcing family history



family history NLA

**What RECIPE
would you
like to be
remembered by?**

**WHAT MAKES A FUNERAL BEAUTIFUL?
Are you comfortable talking
or thinking about dying?**

There are lots of ways you can pre-plan your funeral if you'd like to. Your local council may have further information on funeral planning.

You can learn more about pre-planning funeral arrangements by searching "pre-plan your funeral Queensland". Some social media sites also allow you to search #funeralinspo for funeral inspiration.

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**Where have you
stored your Will if you
have made one?
WILL PEOPLE KNOW WHERE TO FIND IT?**

You can store your Will yourself, but it should be in a firesafe and waterproof environment, such as a safe. You may also be able to store your Will with your solicitor.

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**IF YOU DIED WITHOUT A WILL,
would you be happy with the
Succession Act 1981 determining
where your assets went?**

Queensland's Succession Act is available online for anyone to read. Just search "QLD Succession Act." You can also chat to your solicitor if you have any concerns.

If you want to learn more about what happens if you die without a Will,

visit www.willsweek.com.au

**Is there anything you'd
like to leave for people that
aren't related to you,
SUCH AS FRIENDS, MENTORS,
OR CHARITIES?**

Having a Will is the safest way to ensure those who are not related to you can have a share in your estate after you pass.

visit www.willsweek.com.au

to learn more.

**WHAT WOULD YOU LIKE
to have happen to any of
your digital photos?**

Many of us have digital assets that we haven't considered as part of our legacy. We might have digital books and music that we've purchased. Or we may even have digital artworks we've created, or photos with sentimental value.

Australia's eSafety Commission has information on planning your digital legacy. Search "**digital legacy Australia**" to find out more.

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**IS THERE ANY CIRCUMSTANCE WHERE
you would like a do-not-resuscitate
order to put in place if you were
unwell or in hospital?**

The Advance Care Planning Advisory Line offers coaching around having conversations with loved ones around your advance care.

You can chat to someone by calling their advice line on 1300 208 582.
You can also peruse their website

www.advancecareplanning.org.au

WHAT ARE SKILLS YOU LOOK FOR IN SOMEONE WHO WOULD DISTRIBUTE YOUR ESTATE OUTLINED IN YOUR WILL AFTER YOU'VE GONE?

Your executor is responsible for administering and distributing your estate after you pass away. This can involve lots of things, including locating and notifying beneficiaries (people who have a share in your estate), finalising tax matters, ensuring your assets are insured until they are distributed, and defending any legal action against your estate. It can be important to select someone who is capable and willing of carrying out the duties involved.

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WHEN DO YOU THINK IS THE IDEAL TIME TO CREATE A WILL?

Visit www.willswill.com.au to learn more.

Would you be more comfortable being cared for in HOSPITAL at the end of life, or at HOME, if it were possible?

Advance Care Planning Australia have lots of information on planning your future health care, particularly if you are seriously ill or unable to communicate your wishes.

You can peruse their website www.advancecareplanning.org.au

You can also chat to someone by calling their advice line on 1300 208 582.

What is one LESSON or STORY you'd like to pass on to the world after you've gone?

Our Traditional Owners have strong cultures of storytelling and sharing knowledge of the land. You can find ways to connect with Indigenous Culture all across in Queensland.



Queensland Aboriginal Cultures

to learn more.

The Australian Human Rights Commission reminds us that older people have the right to "an adequate standard of living including access to adequate food, clothing and housing".

What kinds of food, clothing and housing do you IMAGINE for yourself as you GROW OLDER?

To learn more about the rights of older people visit Human Rights Australia's website

WWW.HUMANRIGHTS.GOV.AU

Older people have the right to have the highest possible standard of physical and mental health.

HOW DO YOU THINK THIS RIGHT CAN BE MAINTAINED?

To learn more about the rights of older people visit Human Rights Australia's website

WWW.HUMANRIGHTS.GOV.AU

You can also learn more about Elder Abuse and its prevention through the Elder Abuse Prevention Unit.

Visit their website at WWW.EAPU.COM.AU

Or call their hotline on 1300 651 192

Who do you imagine would care for your pets or children if you were to die?

HAVE YOU TOLD THEM SO?

You can leave your wishes for your pet after you have died in your Will. It's also a good idea to let those you trust know who you'd like caring for your pets if you were to pass away, in case it takes some time to administer your estate.

RSPCA have a 'Home Ever After' program, if you need support finding someone to care for your pet.



Home Ever After – RSPCA

or give your local RSPCA a call.

What SONG would you like people to REMEMBER you by?



Scan the QR code to see the songs Queenslanders want to be remembered by.

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**ARE YOU COMFORTABLE WITH
with organ and
tissue donation?**

Did you know your Will is not the place to include information around your organ and tissue donation preferences? This is because organs are donated within hours of death. The Australian Organ Donor Register is the only place to record your donation decision.

Visit

www.donatelife.gov.au

**Have you ever inherited from a
Will before? WHAT DID YOU LEARN
FROM THE EXPERIENCE?**

A Will is a legal document that allows a person to outline their wishes, including how they want their estate to be shared and who they want it to go to.

If you don't have a Will, your assets will be distributed in line with *Succession Act 1981*. Queensland's Succession Act is available online for anyone to read.



QLD SUCCESSION ACT

You can also chat to your solicitor if you have any concerns.

**Who would you trust to
manage your finances if
YOU WERE SERIOUSLY ILL AND
INCAPABLE OF DOING SO?**

An Enduring Power of Attorney can take care of financial matters such as ensuring your bills are paid, managing your investments, or preparing your tax returns when you are unable to do so.

You can nominate an Enduring Power of Attorney with your solicitor.

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SOCIAL MEDIA ACCOUNTS, WEBSITES, PHONE,
OR EMAILS AFTER YOU PASS?**

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DIGITAL LEGACY AUSTRALIA

to find out more.

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What do you hope your family life WILL LOOK LIKE AS YOU GROW OLDER?

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 Start your own conversation

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